

Empowering Georgians to choose end of life options which reflect their values and wishes.

Spring 2022 Newsletter

April 14, 2022

VIA Email to: GAELO Volunteer Contact List

To be removed from our email list, please contact admin@gaelo.org.

Hello Everyone,

I hope you are all enjoying the spring weather and doing well and staying safe. We are happy to share our 2^{nd} Newsletter of 2022 with you, our Spring 2022 Edition.

Thanks to those of you who have reached out to us to express your support and learn how you can help with the effort to advocate for expanded options and improved care at end of life. We are so happy that you are a part of our organization. As we continue to build support across the state, we hope to see our volunteer list continue to grow. Please spread the word about us in your communities and social circles, and let anyone who is interested in learning more about us know that they can contact us at admin@gaelo.org.

We are getting very close to finishing the work of building our website. We are planning a soft launch in a few weeks, and hope to have the site public by the end of May. When we publish our website, we will also be simultaneously launching our Facebook and LinkedIn pages. We plan to include links to everything in our next Newsletter, Summer 2022 Edition. In the meantime, if you see anything that you would like to see included on our website, or if you know of any events in Georgia that are relevant to our mission, please forward the information to admin@gaelo.org.

Our recruiting efforts continue as we look to expand our Steering Committee and Advisory Board, and seat a board of Directors. Candidates for leadership positions with GAELO should be passionate advocates for our mission and have experience and backgrounds relevant to end of life or NPO operations, such as medical professional, constitutional professor or attorney, bio-ethicist, hospice or palliative care professional, faith leader, NPO administrator, fundraiser, community organizer.

Most immediately, we are looking for two volunteers to serve on our Board of Directors: someone to head up our fundraising efforts, and the other to serve as Treasurer.

We are also looking for someone with a tech background and IT experience to join our Steering Committee. This person would be responsible for maintaining our website, setting up and maintaining our social media platforms, and generally managing IT for the organization.

If you or someone you know is interested in joining our leadership or learning more about our volunteer opportunities, please contact admin@gaelo.org.

Finally, we want to remind everyone that April 16th is National Healthcare Decisions Day. If you have not already done so, please consider using this occasion to talk with your loved ones about your healthcare wishes and consider completing a Georgia Advance Directive for Healthcare. Make a day of it, share a meal, or have a party, and talk with your loved ones about what your wishes and goals of care are. Telling those who will be caring for you when you are unable to speak for yourself what decisions you would want them to make for you is the best gift you can give them. It takes the burden and the worry off of them, and gives them peace and comfort knowing that they will be able to help you through those tough times by honoring your wishes.

These conversations are tough, but there are some really good tools out there to help get the conversation started. Here are a few links that may be helpful:

 $National\ Health care\ Decisions\ Day,\ \underline{https://www.nationaldaystoday.com/national-health care-decisions-\underline{day/}$

The Conversation Project: Helping People share their wishes for care through end of life

https://theconversationproject.org/

Death Over Dinner: Plan a dinner, gather friends and family, and talk about end of life care

https://deathoverdinner.org/

Georgia Advance Directive for Healthcare

GEORGIA ADVANCE DIRECTIVE FOR HEALTH CARE-2016.pdf

Thank you again for being a part of our organization. We are very excited that we have so many people who are interested in our work and our mission, and we are looking forward to working with you all in the coming months as we organize in Georgia and begin our legislative and community outreach work. If you or anyone you know would like to get involved, or get more information about our organization, please contact us at admin@gaelo.org; and please help us build the movement by forwarding our Newsletter to your friends and family.

We are so glad to have you on board with us!

Best,

Phyllis Talley

Phyllis Talley Interim Executive Director GAELO.org